



Mighty to Save ministries

Offering hope and new beginnings to young adults who want to be free from addictions by providing mentoring, discipling and transition assistance.

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Identity and Inner Healing

“As a man thinks in his heart, so is he.” Proverbs 23:7. This scripture has proven true time and time again as we reach out to our young adults struggling with addiction.

Most have a very low opinion of themselves; and most feel very unworthy of receiving anything good out of life. Even when they clearly receive favor in a situation, they “chalk” it up to something else.

If a person believes in their heart that they don’t deserve anything good, then they resist receiving anything good from God. They receive his forgiveness, sort of, but then repent over and over for the same sin, not believing that it only takes once. They don’t forgive themselves because they feel as if they don’t deserve forgiveness.

One thing we have realized, which has been re-enforced through the different inner healing methods we use is that people need to hear directly from God’s heart to theirs. We can tell them the same thing repeatedly, but it is just white noise. However, when their hearts hear

it from God, Wow! It sure makes a difference.

The three different methods we use, and have partnered with, are all based on forgiveness and identity. Once someone realizes just how much he or she is loved by his/her Creator, it does make a difference. They are open to hearing who God says they are to HIM, and who HE is to them.

Below are short descriptions of each ministry, along with their web addresses, if you would like more information.

The Genesis Process:

The Genesis Process is Bible-based material that looks at the question from Romans 7:15: “I don’t really understand myself, for I want to do what is right, but I don’t do it. Instead, I do what I hate.” The Genesis Process helps addicts find the answers they are looking for. The questions they ask help people find the answers within themselves.

MtSM has a small group working through the Genesis Change Workbook.

We also highly recommend the One Year Recovery Program through the Union Gospel Missions, as they use the Genesis Process Method.

For more information on this material, go to www.genesisprocess.org.

SOZO:

SOZO began out of Bethel Church in Redding, CA. “SOZO is the Greek word translated “saved, healed, delivered.” SOZO ministry is a unique inner healing and deliverance ministry aimed to get to the root of things hindering your personal connection with the Father, Son and Holy Spirit. With a healed connection, you can walk in the destiny to which you have been called.” SOZO is a forgiveness-based ministry. We forgive ourselves and others; and hear truth from God.

At MtSM we were blessed to have Tammy Pal on board with us throughout the spring and summer to do the SOZO ministry and to train a few of us to hopefully continue while she snowbirds in the south for the fall and winter.

For more information on SOZO, please go to www.bethelsozo.com.

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Theophostic:

Neil Harmsworth, with Noble Maritime Ministries, is certified in the Theophostic method. We contract with Neil to help us bring this ministry into the Island County Jail each week. Neil will also meet and do ministry with other MtSM participants outside of the jail.

Theo (God) Phostic (light) is a ministry of prayer that is Christ-centered and God-reliant for its direction and outcome. Simply stated, the method encourages a person to discover and expose what is false in his beliefs; and then encourages him to have an encounter with Jesus Christ through prayer, thus allowing the Lord to reveal His truth to the wounded person's heart and mind. This method is not about advice giving, diagnosing problems, or sharing opinions or insight. It is about allowing a person to have a personal encounter with the Lord Jesus in the midst of the person's emotional pain.

For more information on this healing method, check out their web-site at, www.theophostic.com

~ Christina

Landa Family

This month we had the pleasure of hosting the Landa family when they came over from Ephrata to Belfair for the Annual Family Thanksgiving Celebration at *Mission Creek Correction Center for Women*.

For those of you that read our last Newsletter, you will remember that Jane De Remer and I took a trip over to meet with Elida, Alexander and young Zachariah. Carolina is in prison with Samantha. Elida is Carolina's mother, Alexander her brother, and Zachariah her 5 year old son.

I was delighted that Zachariah remembered me, and gave me a big smile when we met them at the Amtrak Station in Seattle.

This little boy stole Van's and my hearts. He is so precious. Zachariah does not speak with words, but he does speak

with his smile and with his eyes. He looks up at you, and reaches out his hand to yours, gently touching it as if he is saying, "I love you."

It was wonderful to see him reunite with his mother and to spend time playing with her. Hope was being restored as mother and daughter and mother and son hearts bonded.

Here is a letter from Carolina...

Hello,

I am writing this letter today just to say how thankful I am to everyone at Mighty to Save Ministries. It was such a wonderful blessing to be able to spend time with my son and mother. Our visit and Thanksgiving Event went so well. The moments we got to share together meant so much to us. God is so wonderful and kind and so are you and MtSM.

A special thank you to everyone who made this possible. Blessings to all of you and your loved ones.

*In Christ with love,
Carolina Landa*

Participant's Note

This month I would like to introduce you to Johnny Arellano. I met Johnny at the Island County Jail. He is a friend of Sarah Rodriguey; and she asked us to go and meet with him.

Neil Harmsworth and I were able to do 5 ministry sessions with Johnny; and since he had already had an encounter with Jesus, he was super excited and willing to participate in prayer ministry.

This young man is full of life. He would walk into the small interview room, and fill it with joy. He is definitely a carrier of the Holy Spirit.

Johnny has moved from Island County Jail to prison. This is his third prison sentence; but we believe it will be his last.

Due to past associations in prison and his former reputation, Johnny could be at

risk since he won't participate in some of his former activities.

Please pray that God continues to protect Johnny and show him favor with the guards and inmates.

I am really excited to see how God uses this young man. It's going to be amazing!

**God's Warrior
Johnny Arellano**

My name is Johnny Arellano, I'm 30 years old. I've been a devout Christian for about 10 months. My life and my soul have been saved by Jesus Christ. I now lead a happy life.

I have seen many positive miracles change my life for the better. I would like to tell you about "Many in One!" I have not always been the way I am now. Due to my decisions at a young age, I chose to walk a different path full of lust, greed, hate, drugs and a lot of violence. I was addicted to drugs, mostly meth for about 15 years. It led me to three different prison sentences.

In 2011 I was released from maximum prison, also known as Closed Custody, where the worst of the worst and the baddest of the bad live. I spent four years around violence, hate, greed and much, much more. When I touched down out on the streets, I still had a prison mentality. I was used to hurting people.

I brought that violence home and started using meth again. I was only out for about a month and little did I know it would lead me into one of the worst nights of my life. I ended up in the middle of a shootout. It erupted over drugs and money. One person got shot point blank in the face, and another was shot in his side and in his back. The two men were father and son. The father lived, but his son died.

I was at risk of spending 30 years in prison for robbery.

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"Your past experiences don't define who you are. You are who God says you are. In Christ, you are a new creation."

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I was charged and tried in court. It was during the court process when I turned my life over to God. It was time to ask the only person I knew that could help me turn my life around for forgiveness.

So many things could have gone wrong but through my life-changing experience, faith and the will to forgive, I received a hung jury. My charges were dismissed.

I was then transported to Island County Jail to face other charges that were not related to the robbery. It was here that my best friend, Sarah Rodriguey introduced me to two very important people. They would help in my fight to change my life. Mighty to Save Ministries' Christina Bowling and "Minister" Neil came every week to visit me at the jail. They helped me find Jesus and showed me how to love others and love myself again. I overcame what I thought I did not deserve; forgiveness.

Christina and Neil took time out of their lives to come and help me. They showed me a strategy and steps through prayer which helped me overcome the

lies I was living. They guided me through anxious and stressful situations. They helped change one of Whidbey Island's most notorious bad boys into God's Warrior. I now live my life for Jesus Christ. He has shown me so many miracles. I am living a clean, new life and love who I am today. I have a chance to complete treatment while in prison, which is only a short stay, thanks to the Lord.

I will be spreading the word of God, and my story to everyone who will listen. I am "many miracles in one", God's Warrior.

Thank you Christina Bowling and Minister Neil and Mighty to Save Ministries for doing all you have done for me. I love you all.

**Pencil drawing by Johnny Arellano*

Support Group for Moms

Beth Pemberton and Sheri Tibbles have started a support group for moms whose children struggle with addiction. Here is what Beth recently said of their gatherings:

"I think it has been rich for all of us. There have been 8 of us consistently. We cry, laugh, talk about God being our refuge and our strength, and pray together. We find that our circumstances are all a bit different, yet there are many similarities; and it is so good to be with each other because we understand and feel one another's pain. Not sure the scripture in Galatians was meant this way, but it does feel like we "carry each other's burdens".

It is so important for these moms to know they are not alone, that others understand what they are going through, that God is faithful and will be present with them. We are seeing some movement in some of the addicts' lives; and we are giving God the glory as we pray for these "adult kids".

We just talked tonight about possibly coming alongside some others in the same situations in the future; and we are committing that to prayer. "

For more information or support, please contact Beth at 360-840-3256 or Sherri at 360-202-1272.

Join the Team

Prayer: Your prayers are powerful and effective! If you would like to join our team of Mighty to Save Ministries Prayer Warriors, please send an email to: prayer@mightytosaveministries.org

Financial Support: It's been said that the way you end something is an indication of how you start the next thing. Our desire is to end 2012 financially strong and start 2013 even stronger. Please consider MtSM in your year end and monthly giving. You can give a one time donation or schedule monthly giving using Paypal. Go to mightytosaveministries.org for details.

Prayer Request

Please keep **Transitional Housing** in your prayers. Finding a safe place for someone to go once released from jail, prison or other programs is very important. It's our heart's desire to own, operate and offer MtSM Transitional Housing to potential candidates.



Samantha count down... 18 months

Mighty to Save Ministries is registered with the Internal Revenue Service as a 501(c)3 entity. Contributions to Mighty to Save Ministries are tax-deductible.

To Support MtSM

- Commit to Pray — Email**
prayer@mightytosaveministries.org and request to be added to the email list.
- Finances — MtSM is funded solely by private contributions.**
Your ongoing support helps in funding the purchase of Bibles, teaching materials, travel, meetings, volunteer training, counseling and so much more. Please consider supporting MtSM on a monthly basis.

To Donate

Mail checks to the below address or go to mightytosaveministries.org and donate online via PayPal.

Contact Us

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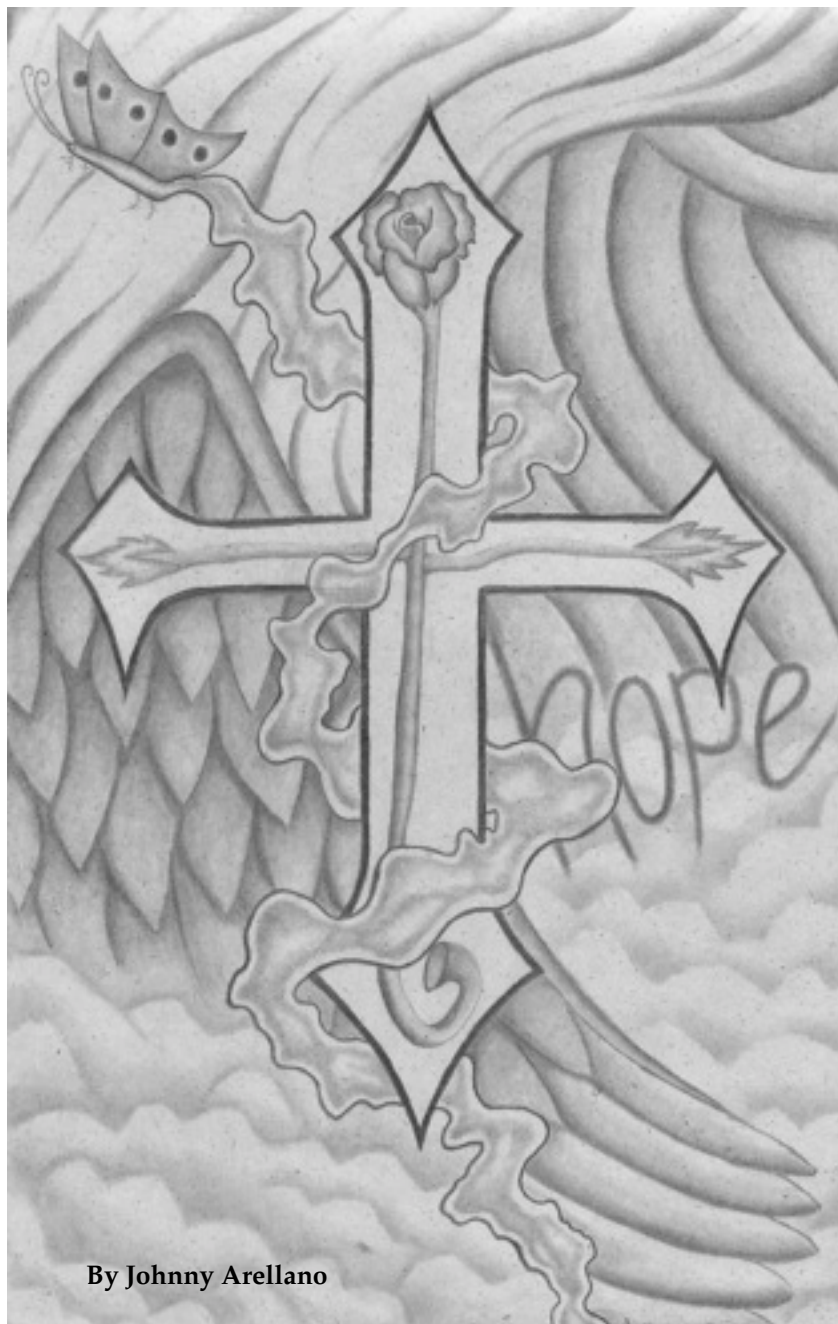
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By Johnny Arellano

